



Jay Hart, Director
Parks and Recreation Dept.

Beginning Rappelling Adventure

City of Albuquerque

Parks & Recreation Department

Outdoor Recreation Section









Martin Chavez, Mayor
City of Albuquerque

To the Adventure Rappeller,





You are about to learn and experience a fun, really cool, and risky **HIGH ADVENTURE** sport that you can enjoy your whole life. This adventure costs \$10.00 **and** is limited to only 12 teenage participants (age 11 – 17). Please return your registration packet with check or money order for \$10.00 (payable to City of Albuquerque) as soon as possible to:

City of Albuquerque
Outdoor Recreation Section
1801 4th Street NW
Albuquerque, New Mexico 87102
(505) 768-5349

Class spots are filled on a first-come, first-served basis. The first 12 students who return the completed packet will be registered in the class. In this packet, you will find several registration forms:

-  **City of Albuquerque Rappelling Registration Form**
-  **Health History Form**
-  **Request for Medication Form**
-  **Release of Liability Form**
-  **Authorized "Sign-out" Form**
-  **Photo Release Form**

All of the forms must be filled-out, signed by your parent / guardian, and turned in to Outdoor Recreation before the scheduled class. Rappelling is a **HIGH ADVENTURE** sport with some risk. Each **beginning** rappelling adventure meets at the Parks and Recreation Administration Building on 4th Street (see-included map) at 9:15 AM and leaves at 9:30 AM. **Intermediate and advanced** rappelling adventures meet at 8:15 AM and leave at 8:30 AM. All ropes and anchors, as well as helmets, harnesses and gloves for each rappeller will be provided by Outdoor Recreation. Rappellers are expected wear hiking boots or sturdy shoes, dress for the weather, and bring the following items:

-  **Day or Book Pack**
-  **Hat and/or sunscreen**
-  **Lots of Drinking Water**
-  **Lunch / snacks**

Beginning rappelling trips are scheduled to return by approximately 3:30 PM. Intermediate and advanced trips are scheduled to return by approximately 5:00 PM. Parents should pick up their teenagers at the Parks and Recreation Administration Building on 4th Street (see map). **Expect to have FUN!** If rappelling weren't fun, it would be called "homework". Remember, without recreation, weekends would just be weekdays!

Shauna Kapel and Garry Wolfe
Senior Adventure Leaders
Outdoor Recreation - City of Albuquerque

Please keep this form.